

SUGAR MILL & MEADOW MONTESSORI SCHOOLS

AUGUST 2016

Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast for Lunch! (2) Pancakes Turkey Sausage Patty with Potatoes OBrian	2 Turkey Spaghetti Green Beans Garlic Wheat Roll Seasonal Fresh Fruit	3 Chicken Tenders Peas & Carrots Garlic Wheat Roll Seasonal Fresh Fruit	4 Turkey Burger Lettuce/Tomato Sweet Potato Fries Green Beans Fruit	5 Cheese Pizza Mixed Green Salad Fruit Salad
8 Red Beans and Rice with Turkey Sausage Baby Carrots Corn Bread Seasonal Fresh Fruit	9 Cornmeal Crusted Tilapia Rice Green Beans Cornbread Seasonal Fresh Fruit	10 Penne Pasta with Chicken & Marinara Steamed Edamame Garlic Wheat Roll Seasonal Fresh Fruit	11 Chicken Nuggets Green Beans Garlic Wheat Roll Seasonal Fresh Fruit	12 Cheese Pizza Mixed Green Salad Fruit Salad
15 Teriyaki Chicken with White Sauce Mixed Veggies Garlic Wheat Bread Seasonal Fresh Fruit	16 Ground Turkey Soft Tacos with Lettuce Tomato and Cheese Mexican Rice Beans Seasonal Fresh Fruit	17 Baked Chicken Leg Rice Peas Garlic Wheat Roll Seasonal Fresh Fruit	18 NO SCHOOL STAFF DEVELOPMENT DAY	19 NO SCHOOL STAFF DEVELOPMENT DAY
22 Chicken Tenders Rice Steamed Edamame Seasonal Fresh Fruit	23 Turkey Meatballs & Spaghetti Green Beans Garlic Wheat Roll Seasonal Fresh Fruit	24 Teriyaki Chicken Over Rice Crinkled Carrots Garlic Wheat Roll Seasonal Fresh Fruit	25 Chicken Sandwich Lettuce Tomato Green Beans Garlic Wheat Roll Seasonal Fresh Fruit	26 Cheese Pizza Mixed Green Salad Fruit Salad
29 Breakfast for Lunch! (2) Pancakes Turkey Sausage Patty with Potatoes OBrian	30 BBQ Baked Chicken Leg Mashed Potatos Corn Bread	31 Cheese Ravioli with Marinara Sauce Peas Garlic Wheat Roll Seasonal Fresh Fruit	1 Turkey Meatball Sandwich Green Beans Corn Fresh Fruit	2 Cheese Pizza Mixed Green Salad Fruit Salad

STUDENT'S NAME _____ Contact Phone # _____

PARENT'S NAME _____ E-Mail address _____

Signature _____

By Signing I agree to all ordering policies stated below.

Our Ordering Policies:

PLEASE CIRCLE what days you would like your child to be served lunch.

PLEASE RETURN this menu and payment together to the school by the 25th of each month. EFFECTIVE THE 3RD DAY PAST THE MONTH LUNCHESES WILL BE 5.00 PER LUNCH FOR SAME DAY SERVICE

We must receive 24 hour notice for a meal cancellation to give a credit on your account.

All returned checks will be assessed a returned check fee of \$25.00

PLEASE LIST any food allergies that your child may have.

For all questions and comments contact us at (281) 565-7902 or fax (281) 565-7904

We thank you for the opportunity to provide you're child a well balanced and nutritious meal

of MEALS: _____ X \$3.65 = \$ _____ CHECK # _____ All checks payable to **ROAD RUNNER FOODS**